

## CHANNEL PACKS

Service requires Top 120 or above and the Flex Pack. **HD** indicates channels available in both standard and high definition, HD package is required for HD feed.

### LOCAL PACK

ABC.....	5	KDMI.....	19
CBS.....	8	CW.....	23
PBS.....	11	ION.....	39
NBC.....	13	<i>Not all affiliates are available in every market.</i>	
Fox.....	17		

### NATIONAL ACTION PACK

<b>AXS TV HD.....</b>	<b>167</b>	FANDUEL RACING.....	398
<b>CRIME &amp; INVESTIGATION HD ONLY.....</b>	<b>249</b>	FAN DUEL TV.....	399
<b>ESPN HD.....</b>	<b>140</b>	<b>FUSE HD.....</b>	<b>164</b>
<b>ESPN2 HD.....</b>	<b>143</b>	<b>FOX SPORTS 1 HD.....</b>	<b>150</b>
		<b>MOTORTREND HD.....</b>	<b>246</b>

### NEWS PACK

BBC WORLD NEWS.....	281	<b>FOX NEWS HD.....</b>	<b>205</b>
<b>BLOOMBERG HD.....</b>	<b>203</b>	<b>MSNBC HD.....</b>	<b>209</b>
<b>CNBC HD.....</b>	<b>208</b>	<b>WEATHER CHANNEL HD.....</b>	<b>214</b>
<b>FOX BUSINESS HD.....</b>	<b>206</b>		

### REGIONAL ACTION PACK

ACC NETWORK.....	402	OUTSIDE TV.....	390
<b>BIG TEN NETWORK HD.....</b>	<b>410</b>	<b>PAC-12 HD.....</b>	<b>406/409</b>
<b>FOX SPORTS 2 HD.....</b>	<b>149</b>	<b>SEC NETWORK HD.....</b>	<b>404/408</b>
<b>LONGHORN NETWORK HD.....</b>	<b>407</b>	WORLD FISHING NETWORK.....	394

### VARIETY PACK

<b>BET HD.....</b>	<b>124</b>	<b>FREEFORM HD.....</b>	<b>180</b>
<b>BRAVO HD.....</b>	<b>129</b>	<b>INVESTIGATION DISCOVERY HD.....</b>	<b>192</b>
<b>CRIME &amp; INVESTIGATION HD ONLY.....</b>	<b>249</b>	<b>LIFETIME MOVIE NETWORK HD.....</b>	<b>108</b>

### HEARTLAND PACK

BABY TV.....	824	<b>HALLMARK MOVIES/ MYSTERIES HD.....</b>	<b>187</b>
Cowgirl.....	269	<b>OWN HD.....</b>	<b>189</b>
<b>DISCOVERY FAMILY HD.....</b>	<b>179</b>	<b>PIXL HD.....</b>	<b>388</b>
GREAT AMERICAN FAMILY.....	165	<b>RFD-TV HD.....</b>	<b>231</b>
<b>GREAT AMERICAN LIVING HD.....</b>	<b>248</b>	THE COWBOY CHANNEL.....	232
<b>GSN HD.....</b>	<b>116</b>	UP TV.....	188
<b>HALLMARK HD.....</b>	<b>185</b>		
HALLMARK DRAMA.....	186		

### LATINO BONUS PACK

<b>BEIN SPORTS en Español HD.....</b>	<b>860</b>	ESTRELLA TV.....	852
CARACOL TV.....	842	<b>FOX DEPORTES HD.....</b>	<b>855</b>
CNN EN ESPAÑOL.....	859	GALAVISION.....	273
DISCOVERY EN ESPAÑOL.....	845	TELEMUNDO.....	835
<b>ESPN DEPORTES HD.....</b>	<b>854</b>	<i>Plus 30 more channels</i>	

## ADDITIONAL PACKAGES

Service requires a Base Pack. **HD** indicates channels available in both standard and high definition, HD package is required for HD feed.

### HBO

<b>HBO (E) HD.....</b>	<b>310</b>	<b>HBO 2 HD.....</b>	<b>312</b>
<b>HBO (W) HD.....</b>	<b>311</b>	<b>HBO Latino HD.....</b>	<b>313</b>

### CINEMAX

Cinemax HD.....	307	5 Star Max HD.....	308
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### STARZ

Encore (E) HD.....	340	Starz Comedy HD.....	354
Starz (E) HD.....	350	Starz InBlack.....	355
Starz (W) HD.....	351	Starz Kids & Family HD.....	356
Starz Edge HD.....	352		
Starz Cinema.....	353		

### SHOWTIME

Showtime (E) HD.....	318	Showtime Beyond.....	323
Showtime (W) HD.....	319	Showtime Family Zone.....	324
Showtime 2 HD.....	320	The Movie Channel (E) HD.....	327
SHOxBET HD.....	321	The Movie Channel xtra (E).....	328
Showtime Extreme.....	322	FLIX.....	333

### DISH MOVIE PACK



<b>CRIME &amp; INVESTIGATION HD.....</b>	<b>249</b>	<b>INDIEPLEX HD.....</b>	<b>378</b>
<b>MGM+ HD.....</b>	<b>380</b>	<b>MOVIE PLEX.....</b>	<b>377</b>
<b>MGM+Hits HD.....</b>	<b>381</b>	<b>PIXL HD.....</b>	<b>388</b>
<b>MGM+Marquee HD.....</b>	<b>382</b>	<b>RETROPLEX HD.....</b>	<b>379</b>
<b>FXM HD.....</b>	<b>384</b>	<b>SONY MOVIE CHANNEL HD.....</b>	<b>386</b>
<b>HALLMARK MOVIES &amp; MYSTERIES HD.....</b>	<b>187</b>	<b>STARZ ENCORE SUSPENSE.....</b>	<b>344</b>
<b>HDNET MOVIES HD.....</b>	<b>130</b>	<b>STARZ KIDS &amp; FAMILY HD.....</b>	<b>356</b>

### MULTI-SPORT PACK

<b>ACCN HD.....</b>	<b>402</b>	<b>NFL NETWORK HD.....</b>	<b>154</b>
<b>BEIN SPORTS HD.....</b>	<b>861</b>	<b>NFL REDZONE HD.....</b>	<b>155</b>
<b>BEIN SPORTS EN ESPANOL HD.....</b>	<b>860</b>	<b>NHL NETWORK HD.....</b>	<b>157</b>
<b>FOX SPORTS 2 HD.....</b>	<b>149</b>	<b>OUTSIDE TV.....</b>	<b>390</b>
<b>LONGHORN NETWORK HD.....</b>	<b>407</b>	<b>PAC-12 NETWORK HD.....</b>	<b>406/409</b>
<b>MLB NETWORK HD.....</b>	<b>152</b>	<b>SEC NETWORK HD.....</b>	<b>404/408</b>
<b>MLB STRIKE ZONE HD.....</b>	<b>153</b>		
<b>NBA TV HD.....</b>	<b>156</b>		

*Plus over 25 Regional Sports Networks*



# DIGITAL Channel Guide

Des Moines Metro  
10/1/23



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## BASIC

**DT & DT-HD** require an HD ready television that can receive a clear QAM signal.  
\* Channels not available in all areas.

Antenna TV.....13.3	<b>KCCI-CBS HD..... 8.1</b>
Bounce TV.....23.3	<b>KCWI-CW HD.....23.1</b>
Catchy Comedy.....17.1	<b>KDIN-PBS HD.....11.1</b>
Charge!.....17.3	<b>KDSM-Fox HD.....11.5</b>
Comet TV.....17.2	<b>KFPX-Ion HD.....39.1</b>
Court TV 2.....39.2	Laff.....39.3
<b>Cozi TV HD.....5.4</b>	MeTV.....8.2
Defy TV.....39.5	Quest.....23.4
Get tv.....23.5	QVC 2.....5.8
Grit.....5.3	QVC over Air.....5.5
Heroes & Icons.....8.3	REW TV.....13.2
HSN.....17.5	Scripps News.....39.6
HSN.....39.8	SHOPLC.....17.6
HSN2.....39.9	Story TV.....8.4
Iowa Weather.....13.4	This tv.....5.7
IPTV Create.....11.4	True Crime Net.....5.2
IPTV Learns.....11.2	Twist.....5.6
IPTV World.....11.3	<b>WHO-NBC HD.....13.1</b>
Jewelry.....39.7	<b>WOI-ABC HD.....5.1</b>

Channel lineups and programming are subject to change without notice.

## FLEX PACK

85+ Channels

Service includes basic cable, plus channels listed below.

<b>A&amp;E HD.....118</b>	<b>FX HD.....136</b>	PIXL.....388
<b>AMC HD.....131</b>	<b>FXX HD.....125</b>	<b>POP HD.....117</b>
American Heroes.....195	GEM SHOPPING.....229	<b>QVC HD.....71 / 137</b>
BABY 1ST.....823	<b>GREAT AMERICAN</b>	<b>QVC 2.....255</b>
BET GOSPEL.....362	<b>FAMILY HD.....165</b>	<b>QVC 3.....73</b>
BET JAMS.....365	GREAT AMERICAN	RENEW.....94/9644
BET SOUL.....363	LIVING.....248	SALE.....225
BINGE.....218	<b>HALLMARK</b>	SHOPLC.....222 / 822
BYU TV.....9403	<b>CHANNEL HD.....185</b>	SMART TV.....87 / 276
<b>CARTOON</b>	<b>HEADLINE NEWS HD..202</b>	SON LIFE BROADCASTING...257
<b>NETWORK (E) HD.....176</b>	<b>HDNET MOVIES HD...130</b>	<b>Studio HD.....102 / 349</b>
CARTOON	<b>HGTV HD.....112</b>	Superior Livestock
NETWORK (W).....177	<b>HISTORY HD.....120</b>	Auction.....997
CGTN Espanol.....884	HITN.....880	<b>SYFY HD.....122</b>
CGTN News.....279	<b>HSN HD.....74 / 287</b>	TBN INSPIRE.....258
CHRISTIAN TV NET.....262	HSN 2.....226	<b>TBS HD.....139</b>
<b>CMT HD.....166</b>	<b>IFC HD.....133</b>	THREE ANGELS
CMTMU.....364	IMPACT CHANNEL.....264	BROADCASTING.....9393
<b>CNN HD.....200</b>	IN COUNTRY TV...81 / 230	<b>TLC HD.....183</b>
COMEDY CENTRAL HD...107	<b>INSPIRATION HD.....259</b>	<b>TNT HD.....138</b>
COOKING CHANNEL HD...113	JEWELRY.....83 / 227	<b>TRAVEL HD.....196</b>
C-SPAN.....210	<b>LIFETIME HD.....108</b>	<b>TRUTV HD.....242</b>
DAYSTAR.....263	LINK TV.....9410	<b>TURNER CLASSIC</b>
DEAL.....95 / 278	<b>MAGNOLIA</b>	<b>MOVIES HD.....132</b>
<b>DISCOVERY HD.....182</b>	<b>NETWORK HD.....111</b>	TV LAND.....106
<b>E! HD.....114</b>	MALL.....86 / 123	<b>USA HD.....105</b>
ENLACE.....9411	MTV2.....161	VALUE.....72 / 104
EPIC.....85/224	MTVU.....366	<b>VH1 HD.....162</b>
ETWN.....261	<b>NAT GEO HD.....197</b>	<b>V-ME HD.....881</b>
EXTRA.....221 / 288	NASA.....286	<b>WE HD.....128</b>
FAMILY TV.....82 / 9642	NICK MUSIC.....368	<b>WEATHERNATION HD...215</b>
<b>FOOD NETWORK HD...110</b>	<b>PARAMOUNT</b>	You TV.....228 / 275
FSTV.....9415	<b>NETWORK HD.....241</b>	

## AMERICA'S TOP 120

Service includes basic cable, plus channels listed below. HD indicates channels available in both standard and high definition, HD package is required for HD feed.

<b>A&amp;E HD.....118</b>	CSPAN.....210	<b>FUSE HD.....164</b>	LAFF.....237	SONLIFE BROADCASTING NETWORK...257
<b>AMC HD.....131</b>	CSPAN 2.....211	<b>FX HD.....136</b>	LAW & CRIME.....252	START.....291
AMERICAS VOICE.....219	DAYSTAR.....263	<b>FXX HD.....125</b>	LINK TV.....9410	<b>SYFY HD.....122</b>
<b>ANIMAL PLANET HD.....184</b>	DEAL.....95/278	<b>GAC LIVING HD.....248</b>	MALL.....86/123	TBN INSPIRE.....258
<b>AXS TV HD.....167</b>	<b>DISCOVERY HD.....182</b>	GEM SHOPPING NET.....229	<b>MOTORTREND HD.....246</b>	<b>TBS HD.....139</b>
BABY FIRST TV.....823	<b>DISNEY (E) HD.....172</b>	GET TV.....373	<b>MSNBC HD.....209</b>	<b>THE COWBOY CHANNEL HD...232</b>
BINGE.....218	DISNEY (W).....173	<b>GLIV HD.....248</b>	<b>MTV HD.....160</b>	THE GRID.....360
BLACK NEWS CHANNEL.....360	<b>E! HD.....114</b>	GRIT.....217	MTV 2.....161	THE HILLSONG CHANNEL...258
BOOM.....175	ENLACE.....9411	<b>HDNET MOVIES HD.....130</b>	<b>MTVL HD ONLY.....369</b>	THREE ANGELS.....9393
BOUNCE.....359	EPIC.....85/224	<b>HEADLINE NEWS HD...202</b>	NASA.....286	<b>TLC HD.....183</b>
<b>BRAVO HD.....129</b>	<b>ESPN HD.....140</b>	HEROES & ICONS.....293	<b>NAT GEO HD.....197</b>	<b>TNT HD.....138</b>
BUYTV.....84	<b>ESPN2 HD.....143</b>	<b>HGTV HD.....112</b>	<b>NEWSNATION HD.....239</b>	<b>TRAVEL CHANNEL HD.....196</b>
BUZZR.....245	<b>ESPNEWS HD.....142</b>	<b>HISTORY HD.....120</b>	<b>NEWSMAX HD.....216</b>	TRINITY BROADCASTING NETWORK...260
BYU TV.....9403	<b>ESPNU HD.....141</b>	HITN.....880	<b>NICKELODEON-E HD.....170</b>	<b>TRUTV HD.....242</b>
<b>CARTOON NETWORK-E HD...176</b>	ETERNAL WORLD TV.....261	<b>HSN HD.....74/287</b>	NICKELODEON-W.....171	TVG2.....398
CARTOON NETWORK-W.....177	EXTRA.....221/288	HSN2.....226	<b>PARAMOUNT NETWORK HD.....241</b>	TV GAMES NETWORK.....399
CGTN en Espanol.....884	FAMILY ENTERTAINMENT TV (FETV).....82 / 9642	<b>IFC HD.....133</b>	<b>POP HD.....117</b>	TV LAND.....106
CGTN-NEWS.....279	FAMILY MOVIE CLASSICS.....387	IMPACT NETWORK.....264	PURSUIT.....393	<b>USA HD.....105</b>
CHRISTIAN TV NETWORK.....262	FM.....243	IN COUNTRY TV.....81/230	<b>QVC HD.....71</b>	VALUE TV.....72/104
<b>CIRCLE HD.....370</b>	<b>FOOD NETWORK HD.....110</b>	<b>INSPIRATION NETWORK HD...259</b>	QVC2.....255	<b>VH1 HD.....162</b>
<b>CMT HD.....166</b>	<b>FOX BUSINESS NETWORK HD...206</b>	<b>INVESTIGATION DISC HD...192</b>	QVC3.....73	VICTR.....265
<b>CNBC HD.....208</b>	<b>FOX NEWS HD.....205</b>	<b>ION HD.....39</b>	<b>REELZ HD.....299</b>	V-ME.....881
<b>CNN HD.....200</b>	<b>FOX SPORTS 1 HD.....150</b>	ION.....250	RENEW.....94/233	<b>WE TV HD.....128</b>
COMEDY CENTRAL HD...107	<b>FREEFORM HD.....180</b>	JEWELRY TV.....83/227	SALE.....225	<b>WEATHER CHANNEL HD...214</b>
COMET HD.....289	FREE SPEECH TV.....9415	JUSTCENTRAL.....240	SCN(BIBLE).....256	<b>WEATHER NATION HD...215</b>
COZI.....253		<b>LIFETIME HD.....108</b>	SMART.....87/276	YOUTV.....228/275

### SIRIUS XM MUSIC CHANNELS

Top 40 Hits.....6002	XM Hitlist.....6010	Grateful Dead 24/7.....6023	'90s Alternative/Grunge...6034	Eminem's Uncut Hip-Hop...6045	New Country Hits.....6056	New Age.....6068	Latin Pop.....6091
New Pop.....6003	Contemporary Pop.....6013	Escape to Margaritaville!...6024	Indie/College/Unsigned....6035	Old Skool Rap.....6046	'80s & '90s Country Hits...6058	Beautiful Music.....6069	Blend of Hits in Spanish & English...6092
'40s Pop Hits/Big Band...6004	Acoustic Singer-Songwriters 6014	'70s & '80s Classic Rock...6025	New Alternative.....6036	Hip-Hop & R&B.....6047	Classic Country.....6059	Frank Sinatra.....6071	Latin Hip Hop/Reggae...6093
'50s Pop Hits.....6005	Modern Adult Hits.....6015	'60s & '70s Classic Rock...6026	New Hard Rock.....6037	Adult R&B Hits.....6048	Rockin' Country/Americana...6060	Show Tunes.....6072	Traditional Mexican Music...6094
'60s Pop Hits.....6006	Lite Pop Hits.....6016	Deep Classic Rock.....6027	Classic Hard Rock/Metal...6038	Classic Soul/Motown.....6049	Bluegrass Jams.....6061	40's Pop Hits/Big Band...6073	Love Song.....6095
'70s Pop Hits.....6007	Romantic Ballads & Soft Pop...6017	Adult Album Rock.....6028	'80s Nation Hair Bands...6039	70' & 80's R&B.....6050	Christian Pop & Rock.....6063	Nuthin' But The Blues...6074	Classics in Spanish & English...6096
'80s Pop Hits.....6008	Elvis Presley 24/7.....6019	Jam Bands.....6029	Heavy Metal.....6040	Dance Hits.....6051	Gospel.....6064	Opera/Classical Vocals...6075	Latin & Afro Cuban rhythms/Jazz...6097
'90s Pop Hits.....6009	Bruce Springsteen 24/7...6020	Comfortably Eclectic.....6030	Action Sports/Punk/Ska...6041	U2 Experience.....6052	Southern Gospel.....6065	Traditional Classical...6076	Classic Salsa.....6098
	Hosted by Little Steven...6021	Mellow Rock.....6032	Reggae.....6042	Smooth Electronic.....6053	Smooth/Contemporary Jazz...6066	Popular Classical Music...6077	Latin Rock Classics.....6099
	Rock.....6022	Classic '80s Alternative...6033	The Nation's Hip-Hop Hits...6044	Classic Dance Channel...6054	Traditional Jazz.....6067	Tropical/Latin Pop.....6090	

## AMERICA'S TOP 120 PLUS

190+ Channels including Regional Sports

Service includes basic cable, Top 120, plus channels listed below. HD indicates channels available in both standard and high definition, HD package is required for HD feed.

<b>ACCN HD.....402</b>	<b>FOX SPORTS 2 HD.....149</b>	<b>NFL NETWORK HD.....154</b>	<b>SEC NETWORK HD.....404/408</b>	WORLD FISHING NETWORK.....394
<b>BIG TEN NET HD.....405/410</b>	<b>LONGHORN NETWORK HD...407</b>	<b>PAC-12 NETWORK HD.....406/409</b>	<b>TENNIS CHANNEL HD.....400</b>	

## AMERICA'S TOP 200

240+ Channels

Service includes basic cable, Top 120, Top 120 Plus, plus channels listed below. HD indicates channels available in both standard and high definition, HD package is required for HD feed.

<b>BBC AMERICA HD.....135</b>	ESTRELLA TV.....852	<b>LIFETIME MOVIE NETWORK HD...109</b>	<b>OWN HD.....189</b>	<b>UNIMAS HD.....830</b>
<b>BET HD.....124</b>	<b>FYI HD.....119</b>	<b>MAGNOLIA NETWORK HD...111</b>	OXYGEN.....127	<b>UNIVISION EAST HD.....827</b>
BOOMERANG.....175	<b>GALAVISION HD.....833</b>	<b>MLB NETWORK HD.....152</b>	<b>RFDTV HD.....231</b>	UNIVISION WEST.....828
<b>CBSSN HD.....401</b>	<b>GOLF CHANNEL HD.....401</b>	<b>NAT. GEO WILD HD.....190</b>	<b>SCIENCE HD.....193</b>	<b>UPLIFTING ET HD.....188</b>
<b>COOKING CHANNEL HD.....113</b>	<b>GSN HD.....116</b>	<b>NBA TV HD.....156</b>	<b>SUNDANCE TV HD.....126</b>	<b>VICELAND HD.....121</b>
<b>DISCOVERY FAMILY HD.....179</b>	<b>HALLMARK HD.....185</b>	<b>NHL NETWORK HD.....157</b>	<b>TCM HD.....132</b>	<b>ZONA FUTBOL HD.....858</b>
DISNEY JR.....168	HALLMARK DRAMA.....186	NICK JR.....169	TEENICK.....181	
DISNEY XD.....174	<b>HALLMARK MOVIES &amp; MYSTERIES HD...187</b>	<b>OUTDOOR CHANNEL HD.....396</b>	<b>TUDN HD.....856</b>	

## AMERICA'S TOP 250

270+ Channels

Service includes Top 120, Top 120 Plus, Top 200, plus channels listed below. HD indicates channels available in both standard and high definition, HD package is required for HD feed.

<b>AMERICAS HEROS HD.....195</b>	<b>FXM HD.....384</b>	MTV CLASSIC.....163	Starz Encore Classic.....346	The Movie Channel (W).....329
<b>BEIN SPORTS HD.....861</b>	<b>GREAT AMERICAN COUNTRY HD.....165</b>	NICKTOONS NETWORK.....178	<b>Starz Encore (W) HD.....348</b>	The Movie Channel Xtra (W)...330
<b>BEIN SPORTS EN ESPANOL HD...860</b>	<b>LOGO HD only.....254</b>	<b>SMITHSONIAN CHANNEL HD...367</b>	<b>Starz Encore Espanol HD...348</b>	<b>Universo HD.....838</b>
<b>BET HER HD.....251</b>	MGM+Drive In.....292	<b>SPORTSMAN CHANNEL HD...395</b>	Starz Encore Family.....347	
<b>BLOOMBERG TELEVISION HD...203</b>	<b>MOVIEPLEX.....377</b>	Starz Action.....343	<b>Starz Encore Suspense HD...344</b>	
<b>DESTINATION AMERICA HD...194</b>		Starz Black.....345	<b>Starz Encore Westerns HD...342</b>	